### Hello from Forest School!!

A big WELCOME to all of you who are new to Forest School at Western Road, and a huge, WELCOME BACK! To all of you who have been before!! I'm very excited at the prospect of seeing the children and adults who come up and make such a lovely community!

Each class will have 6 sessions. Dates for each class are at the end of this letter. Please look out for a google sign up sheet to volunteer on what's app soon. Any family member who is keen, is welcome! (Grandparents, uncles, aunts; big brothers and sisters ...)

### How it works:

This term, the children in Years 5 and 6 will go up to Forest School as a whole class, along with their teacher for extra fun! We will have 3 hours up there in whatever the weather throws at us!

Please send your child in for the day in their own clothes, ready for getting mucky. We will be out in all weathers. Please send your child in with waterPROOF clothing, layers, and also a bag of spare clothing and extra socks and shoes, just in case they get wet during the session. They may also need suncream, a hat, and a water bottle. Long sleeve clothes are best because of the brambles. Please provide your child with sturdy footwear, and bring a spare pair of shoes for when they are inside school. We take off our boots when we go into the school building so we don't tread mud around inside.

#### Wellies are best.

At Forest School, we will be out in our woodland making fire; playing games, crafting, working with tools, shelter building, free playing, cooking and more. Forest School is great for problem solving, building up self esteem and emotional resilience. If you'd like to learn more about forest school, a good website to look at is: <u>forestschoolassociation.org</u>

# Year 6 dates: Mondays.

8th September 15th September 22nd September 29th September, 6th October 13th October.

## Year 5 dates:

## **Tuesdays**

9th September 16th September 23rd September 30th September 7th October 14th October

REALLY looking forward to it!!

Katie Griffiths x