



The Parenting Team

We have changed the names of some of our courses and workshops.

Here is a useful guide to use..

Old Names



New Names

Groups

New Forest Parenting Programme → **Parenting Children with ADHD 4-11**

STOP → **Supporting Parents of Teenagers 10+**

Triple P Fearless → **Parenting Children With Anxiety 4 +**

Triple P 2-12 → **Positive Parenting Programme 2-12**

Triple P Stepping Stones → **Parenting Children with Disabilities 2+**

Workshops

Encouraging Positive Choices and Managing Conflict → **Triggers Tantrums and Teaching Moments**

The Power of Positive Parenting → **Becoming a Positive Parent**

Managing Anxiety and Raising Resilient Children → **Managing Anxiety and Avoidance in Children**

Understanding Your Teenager → **Understanding Teen Behaviour**

*** New Teen webinar *** → **Responding to Teen Emotions**

Any questions please email us at
EH.0-19parentingteam@eastsussex.gov.uk

