



The Water Safety Code

4 ways to make sure you are safe near water

1 Spot the dangers

- Ensure that when you are near water, you always take extra care.
- Never fool around or run beside water - you may trip and fall in.
- Take care on the riverbank - it can be slippery or crumble.
- Keep away from the edge of canals - the water is often very deep.
- Beware of locks and weirs - the water flows very quickly.

2 Take safety advice

- Choose a swimming pool or beach where there are lifeguards on duty.
- Always follow the advice of lifeguards at the sea-side - find out when and where it is safe to swim.
- Look for signs or flags telling you where it is safe to swim.
- Never swim where a sign or flag says not to.

3 Go with a friend

- Always make sure you tell someone where you are going, who you are with and when you will be back.
- Never go swimming, fishing or boating on your own.
- If you go alone, there will be nobody to help if you get in trouble in the water.
- Ensure you go with a friend. Even if they can't help out, they can go and get help.

4 Learn how to help

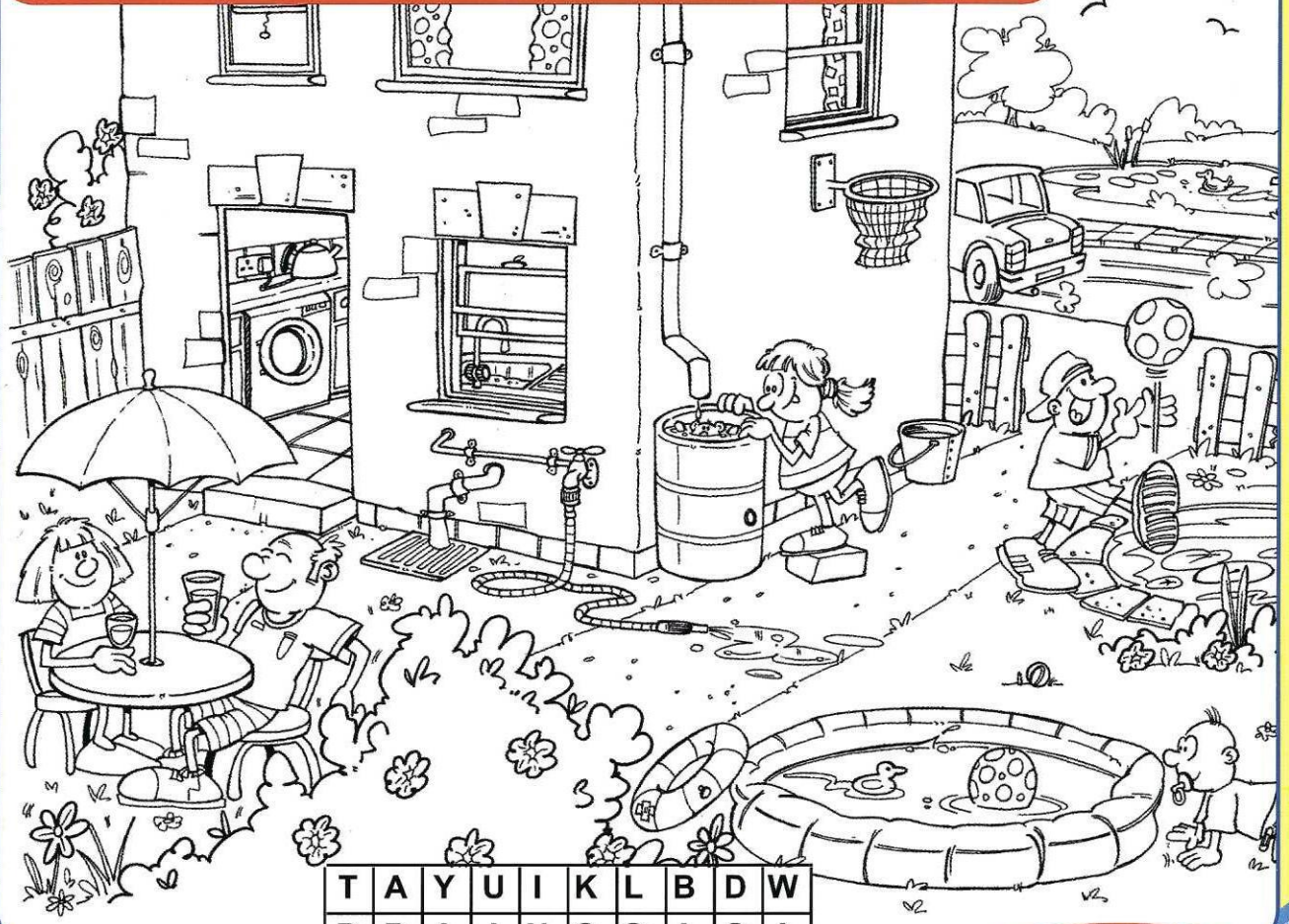
- If you see someone in trouble in the water, here's how you can help.
- Keep calm and think before you act.
- Try to get help - shout "help, help" as loud as you can.
- Reach out with a stick, a pole, a towel or clothing to pull the person to the edge of the water - lie down and hold onto something to make sure you don't get pulled in.
- If you can't reach the person and no-one comes when you shout for help, find the nearest telephone and ring 999 or 112.



Activity
Design a poster that highlights the 4 points from the Water Safety Code

Around the Home

Can you spot the dangers when colouring in this picture?



T	A	Y	U	I	K	L	B	D	W
D	R	A	I	N	S	O	A	O	A
S	D	I	H	G	D	H	T	F	T
P	N	S	P	F	T	E	H	S	E
O	O	D	Q	P	N	T	S	E	R
N	F	O	D	A	I	G	D	S	B
D	N	M	L	G	R	N	E	O	U
S	I	N	K	S	W	M	G	D	T
W	M	S	O	V	D	E	T	N	T
D	A	N	G	E	R	S	S	O	S

Word Search

- PONDS
- POOLS
- SINKS
- BATHS
- DRAINS
- DANGERS
- WATERBUTTS
- TRIPPING

When you go home how many dangers can you spot around your home - get an adult to help you?