



Invitation

Parenting in the Digital Age

Tuesday 24th June, 18:30 - 20:30

Kings Academy Ringmer, BN8 5RB

- ⚡ Listen to our incredible panel of **local experts in education, paediatrics, mental health and the police.**
- ⚡ Discover how smartphones are affecting **our children's lives** across the Lewes District.
- ⚡ **Q&A** with our experts to answer any burning questions.

This is an **opportunity for parents, carers and community leaders to come together** to make an urgently needed change for our children's future.



Reserve your seat by scanning the code or visiting **<http://bit.ly/3ZbPz0K>**

Tickets are free but spaces are limited, so reserve your seat today.

Empower our community
Support our children
Lead the change

Our Panel of Speakers



**Mandy Marshall-Taylor, Schools Associate,
Naked Truth**

Over the past seventeen years Mandy's work has been to strengthen relationships in schools, prisons and churches. She has been with Naked Truth since 2021, helping to raise awareness of the damaging effects of pornography on children and young people. Mandy will be

chairing our event.



Dr Alex Andrews, GP Foundry Healthcare

Dr Alex Andrews works as a salaried GP at Foundry Healthcare Lewes,

joining the surgery in 2016. She has been a GP for 12 years and is also the Clinical Lead for Social Prescribing at Foundry, a new service introduced at the surgery in 2019.



**DI Cyntac Belong
Oversight of the three Online Child Abuse
Teams**

(OCAT) and the OCAT Referral Unit.

DI Belong started his service in the Metropolitan Police, before moving to the Sussex Police. As a senior member of the Online Child Abuse Team, he will be

discussing the sharing of indecent images on smartphones, including sexting, sextortion and online grooming.



**Dr Sharmila Jeyasingh MBBS MRCP
Consultant paediatrician**

Dr Jeyasingh works at the Royal Alexandra Children's Hospital with a special interest in epilepsy and neurology. She has over 25 years experience in paediatrics and has an enthusiastic interest in how the environment and lifestyle affects children's health. She will share neuroscientific insights into children's excess screen time.



Dr Danielle Drinkwater, DClinPsy, BSc

Danielle is a Clinical Psychologist specialising in work with children and families. Since completing her doctorate in 2017, Danielle has worked in various Child and Adolescent Services across Sussex, as well as running her own private practice. Danielle now works as a Clinical and Academic tutor on a Clinical Psychology training programme. She has a keen interest in Community Psychology and supporting families from a non-judgemental and non-pathologising approach.

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