

Resource 1 Friends and family statements

Features of positive friendships and family relationships			
Friends and family members...	Always	Sometimes	Never
....like doing all the same things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....help each other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....hug each other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....get cross with each other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....look out for each other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....cheer each other up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....listen to each other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....have fun	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....speak kindly to each other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....stay in touch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....your idea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
....your idea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Resource 3 Friend and family scenarios

<p>Jo loves to spend to time with Grandad and they often see each other at weekends. Jo helps Grandad with tidying the house and they watch films together. One-day Jo’s mum tells them that Grandad is going to move into a new home with other older people so that he can be better looked after.</p>	<p>What could Jo and Mum do to let Grandad know they still care for him? Click or tap here to enter text.</p>
<p>Shakira is close to her older sister, Zara. They love going shopping together. Now there is a new baby in the family and Shakira has become an Aunty! Shakira was very pleased at first but now is finding it hard. Zara spends most of her time with the baby and they can’t do the things they used to.</p>	<p>What could Shakira do? Click or tap here to enter text.</p> <p>What could Zara do? Click or tap here to enter text.</p>
<p>Jesse’s dad has moved away for a while with work. Jesse usually spent every weekend with Dad but now he lives too far away so Jesse will only see him during holidays. Dad says he is really missing Jesse and wants him to come and visit very soon.</p>	<p>What could Jesse and Dad do to keep in touch in the meantime? Click or tap here to enter text.</p>
<p>Dani has broken her leg playing football and is in hospital. It’s Dani’s birthday in a few days but her party has been cancelled. Her friends are wondering how they can cheer her up and help her celebrate as they won’t all be allowed to visit her in hospital.</p>	<p>What could Dani’s friends do to show they care? Click or tap here to enter text.</p>

Resource 2 Zone of relevance

Not important

Less important

More important

Drag the below boxes into the zones on the previous page or copy the diagram and write them on yourself.

**Not getting cross
with each other**

**Remembering special
times**

**Making each other
laugh**

**Cheering each other up
if one person is sad**

Sharing things

**Holidays or special days
out together**

Living near each other

Having fun

Staying in touch

Listening

Giving hugs

**Talking to each other
often**

Seeing each other often

Being the same religion

Helping each other

Giving presents

Being kind