

East Sussex School Health Service
Chaucer Clinic
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Dittons Road, Polegate
East Sussex
BN26 6QH
Phone: 0300 123 4062

Email: kentchft.esschoolhealthservice@nhs.net

Web: www.eastsussexchildren.nhs.uk

Dear Parent/Carer,

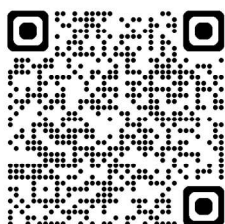
Welcome to East Sussex School Health Service

As your child starts year six, we would like to introduce ourselves and tell you about the support available from the East Sussex School Health Service. Our aim is to help every child achieve their full potential by supporting their health and wellbeing throughout their school years. We work with children and young people aged five to 19 who attend state schools, as well as those who are electively home educated in East Sussex.

We can offer advice and support on a range of physical and emotional health topics and work closely with families, schools and other services when additional support is needed. To find out more about our service, please watch our [short video](#) for parents and carers:

During this school year, we will visit your child's school to carry out the National Child Measurement Programme (NCMP). This involves measuring the height and weight of year six children as part of a national programme that helps improve children's health services. You will receive further information from your school before the measurements take place.

To access information about the programme and view your child's results following screening, please register for the SchoolScreener parent portal by scanning this QR code



or using this link: <https://kes013.schoolscreener.com/Portal/#!/3232/g/ESh363>

Opting out - The NCMP operates on an opt-out basis. If you don't want your child to take part, please opt out through your parent portal account. If we don't hear from you, we will assume you are happy for your child to participate. Please note:

- schools cannot submit an opt-out on your behalf
- opt-outs cannot be accepted after measurements have taken place
- the parent portal closes 72 hours before the measurement date
- if you wish to opt out during this 72-hour period, please call 0300 123 4062 and select option two.

You can also learn more about the programme by watching our [NCMP animation](#). We look forward to working with you and your child during their final year of primary school. If you need support or advice at any time, please visit our website or get in touch. Visit www.eastsussexchildren.nhs.uk for information about other school health services and to submit a [referral form](#) or give [feedback in the service](#).

Yours sincerely,

Stephanie Cooper, Operational Manager (East Sussex School Health Service)